



Good Starts Here!

Shawnee Aquatic Centers open Saturday, May 26!



Splash Cove at the Jim Allen Aquatic Center
5800 King • (913) 631-7177



Thomas A. Soetaert Aquatic Center
13805 Johnson Drive • (913) 631-0054

Hours of Operation

OPEN SWIM

Monday - Friday
12:30pm - 8:00pm

Saturday & Sunday
12:30pm - 6:00pm

BABY POOL HOURS

Monday - Saturday at Splash Cove
10:30am - 12:00pm

Monday - Friday at Soetaert Aquatic Center
10:30am - 12:00pm

HOLIDAY HOURS

Memorial Day, Fourth of July, Labor Day
12:30pm - 5:00pm

SCHOOL HOURS

SMSD or De Soto Schools are in session
5:30pm - 7:30pm

TWILIGHT HOURS

Monday - Friday
6:00pm to 8:00pm half price!

Facility Rentals

Thomas A. Soetaert Aquatic Center and Splash Cove at the Jim Allen Aquatic Center are available for evening facility rentals on Saturday and Sunday Evenings from 6:30pm - 8:30pm. Affordable packages vary based on options chosen, call (913) 631-5200.

Pool Memberships

Pool Passes may be purchased at the Shawnee Civic Centre starting **Saturday, April 1**. Proof of residency is required (i.e. current driver's license, utility bill, lease agreements). All 2018 Season pass holders receive \$5.00 discount on aquatic programs.

Season Passes (Family of Four)

Additional Family Members \$10

Resident	Non-Resident
Family \$124	Family \$180
Individual \$62	Individual \$90

Admission Fees

Daily Fees

Resident - \$6 • Non-Resident - \$8
Children under one half price

Pool Party Packages

Looking for the best venue in KC to hold your child's birthday? Sign up today to ensure a seamless, stress free party held at one of our fantastic waterparks. Party packages include theme based decor in the "party zone" with your very own attendant working through all the details. Reserve your event today at (913) 631-5200.

SWIM LESSONS



Shawnee Parks and Recreation offers a unique, small class swim lesson program for children ages one and up. Classes meet Monday through Friday the first week and Monday through Wednesday the second. Eight, 30 minute lessons are just \$50. Choose from morning or evening programs at either the Thomas A. Soetaert Aquatic Center or Splash Cove at the Jim Allen Aquatic Center.

Registration is available at www.recreateshawnee.org or by calling (913) 631-5200.

SESSION DATES

- 1.) June 4 - June 13
- 2.) June 18 - June 27
- 3.) July 2 - July 12
- 4.) July 16 - July 25

Morning Classes

- 9:40am - 10:10am
- 10:20am - 10:50am
- *11:00am - 11:30am
- *♦11:40am - 12:10pm

Evening Classes

- *5:00pm - 5:30pm
- *5:40pm - 6:10pm
- 6:20pm - 6:50pm
- 7:00pm - 7:30pm

*Parent/Tot Swim Lessons Available
♦Dive Lessons Available

PARENT/TOT

Ages: 1 - 2 years old

6 parent/child couples per class

Children are introduced to the aquatic environment so they become more comfortable in the water. The learning process is directed through the parents. Parents receive information and learn techniques to help orient their children to the water. Participants will learn: water adjustment, changing body positions, entering and exiting the water safely, exploring buoyancy on the front and back, and submerging.

PRESCHOOL

Ages: 3 - 4 years old

Student/Instructor Ratio: 4:1

Children will learn basic water skills: water adjustment, water entries, assisted floats and glides, and possibility for introduction to the front and back crawl and skills pertaining to the ability of the child. The students will perform a skills evaluation and receive a certificate of completion on the last day of the session.

PROGRESSIVE

Ages: 5 years and up

Student/Instructor Ratio: 5:1

Our Progressive Lessons have a unique style of their own. Lessons are based on the concept that each child works at his or her own pace; these lessons provide a great learning experience for children. At the end of the session each child will receive a certificate of completion, documenting the skills mastered.

DIVE LESSONS

Fundamental dive skills and techniques are taught in this exhilarating class. Participants work at their own pace and progress from headfirst entry from the side in a sitting position all the way through performing flips from the high dive.

AQUATICS

Summer Splash

Come join us on Friday, June 1 to help kick off the summer fun at the Shawnee pools. Bring your friends enjoy concession specials, coordinated games and prizes every hour from 12:30pm-5:00p.m. Admission is half price with a canned food donation.

Youth Private and Semi-Private Swim Lessons

Students will work at his/her own pace with the benefits of a one-on-one interaction with the instructor. Students will have the ability to pick their instructor, choose the length of each class session and the convenience of setting up their own scheduled times with the instructor directly.

Location: TASAC.

Private Lessons: 4 - 30 min. lessons

281120-01 Times Vary \$90

Semi Private: 4 - 30 min. lessons (2 students)

281121-01 Times Vary \$150

Swim and Dive Team

The Shawnee Sharks are preparing for another exciting summer of swimming and diving competition. Sign-up forms are available now at the Shawnee Civic Centre. An informational parent meeting will be held on Wednesday, May 9 from 5:30pm - 7:00pm at the Shawnee Civic Centre. The season will run from May 29 through July 14.

Location: TASAC

Resident

\$115 - per swimmer

\$105 - additional family member

Non-Resident

\$130- per swimmer

\$120- additional family member

Morning Waterwalking

Harness the power behind the resistant currents of our lazy river this summer. Walk at your leisure with no formal instruction between 9:00am-12:10pm Monday - Friday. Participants are more than welcome to bring their own workout equipment or use ours onsite during sessions.

Location: TASAC

10 Visit Swipe Card - \$20

Punch Card TASAC 9:00am

20 Visit Swipe Card - \$30

Punch Card TASAC 9:00am

Wild River Walk

This high intensity class is designed for individuals wanting to increase strength training and burn some calories in the water environment. Participants will work with equipment and walk against the lazy river with instruction. Individuals must feel comfortable with resistance training and have good balance.

Location: TASAC

8 - 60 minute lessons - Beginner \$56

281208-01 6/4 M,W 11:30am

8 - 60 minute lessons - Deep Water \$56

281208-02 6/5 T,TH 11:00am

Aqua Bootcamp

If you are looking to burn calories and de-stress after a hard days work, then this is the class for you. This high intensity workout focuses on toning your body with interval strength and cardiovascular training in an aquatic setting. Bring your suit and be prepared to feel a different kind of burn under the summer sun. **Location:** TASAC

9 - 60 minute lessons - \$63

281203-01 6/12 T 5:30pm

Blended Learning Waterpark Lifeguard Classes

Participants will learn the lifesaving skills and knowledge necessary to respond to aquatic related emergencies. Blended learning combines online learning with on-site skills sessions where you will practice skills and demonstrate competency. Upon completion of this course students receive the American Red Cross certification in Waterpark Lifeguarding, CPR/AED, First Aid and Oxygen Administration. **Location:** Varies.

Prerequisites:

- Minimum 15 years of age at completion of course
- Swim 300 yards continuously
- Tread water for 2 minutes without use of arms
- Retrieve 10 lb brick at 9 ft depth within designated time period

Certification Fee - \$220.00

281102-01 3/12 Mon-Fri 8am -5pm

281102-02 4/27 Fri-Sun Times Vary

SUMMER CAMPS

Camp Name	Code	Date(s)	Time	Price	Ages	Location
Jr. Lifeguard Camp	381103-01	Jul 16-20	9:00am-4:00pm	\$250	11-14	TASAC
Velocity Volleyball	282110-01	May 29-Jun 1	1:00pm-3:00pm	\$80	8-10	SCC
Velocity Volleyball	282110-02	May 29-Jun 1	3:00pm-5:00pm	\$80	11-13	SCC
Tennis Camp (Tu/Th only)	282111-01	Jun 5-28	9:15am-10:00am	\$88	5-7	LAIRD
Tennis Camp (Tu/Th only)	282111-02	Jun 5-28	10:00am-11:00am	\$88	8-11	LAIRD
Tennis Camp (Tu/Th only)	282111-03	Jun 5-28	11:00am-12:00pm	\$88	12-15	LAIRD
Jr. Tae Kwon Do Camp	282112-01	Jun 18-22	9:30am-12:30pm	\$100	6-12	SCC
Tennis Camp (Tu/Th only)	382111-01	Jul 10-Aug 2	9:15am-10:00am	\$88	5-7	MVHS
Tennis Camp (Tu/Th only)	382111-02	Jul 10-Aug 2	10:00am-11:00am	\$88	8-11	MVHS
Tennis Camp (Tu/Th only)	382111-03	Jul 10-Aug 2	11:00am-12:00pm	\$88	12-15	MVHS
LTD Basketball Camp	382112-01	Jul 16-19	9:00am-11:30am	\$90	7-14	SCC
LTD Basketball Clinic	382113-01	Jul 20	9:00am-10:30am	\$30	4-6	SCC
Velocity Volleyball	382110-01	Jul 23-26	1:00pm-3:00pm	\$80	8-10	SCC
Velocity Volleyball	382110-02	Jul 23-26	3:00pm-5:00pm	\$80	11-13	SCC
Yog-nastics	283103-01	Jun 18-22	2:00pm-3:30pm	\$60	6-12	SCC
Acting Up- "Peter Pan"	384103-01	Jul 16-20	4:00pm-5:30pm	\$65	6-13	SCC
Summertime Paint Camp	285104-01	Jun 11-14	9:00am-11:00am	\$85	6-12	SCC
Mini Masterpiece*	385102-01	Jul 16-20	9:00am-10:30am	\$100	3-6	SCC
Summertime Paint Camp	385104-01	Jul 23-26	9:00am-11:00am	\$85	6-12	SCC
Young Engineers	286101-01	Jun 4-7	9:30am-12:00pm	\$110	9-17	SCC
Robotics- Battle Bots	286104-01	Jun 4-7	1:00pm-4:00pm	\$150	8-14	SCC
CSI Crime Lab	286107-01	Jun 5	9:00am-12:00pm	\$30	10-15	JUSTICE
Super Summer Science Lab	286108-01	Jun 11-15	9:00am-4:00pm	\$200	6-12	SCC
Ninjaneering with LEGO	286106-01	Jun 18-22	9:00am-12:00pm	\$150	5-7	SCC
Ninjaneering Masters with LEGO	286110-01	Jun 18-22	1:00pm-4:00pm	\$150	8-12	SCC
Jr Firefighter Camp	286109-01	Jun 25	8:00am-1:00pm	\$45	10-15	SAFETY
Chess Camp	286111-01	Jun 25-28	9:00am-12:00pm	\$134	5-12	SCC
Functional Pre-K Fun*	386102-01	Jun 25-29	9:00am-10:30am	\$100	3-6	SCC
Intro to STEM with LEGO	286102-01	Jul 9-13	9:00am-12:00pm	\$150	5-7	SCC
STEM Challenge with LEGO	386103-01	Jul 9-13	1:00pm-4:00pm	\$150	8-12	SCC
Grossology	386101-01	Jul 16-20	9:00am-4:00pm	\$200	6-12	SCC
A Learning Trip Around the World*	386102-02	Jul 23-27	9:00am-10:30am	\$100	3-6	SCC
iMobile Game Design	386107-01	Jul 23-26	9:30am-12:00pm	\$115	9-17	SCC
Video Game Design	386106-01	Jul 23-26	1:00pm-4:00pm	\$170	9-17	SCC
Eureka! The Inventors Camp	386105-01	Jul 30-Aug 3	9:00am-4:00pm	\$200	6-12	SCC
Chess Camp	386104-01	Aug 6-9	9:00am-12:00pm	\$134	5-12	SCC

*** Register for all 3 Preschool Enrichment Camps and SAVE \$50!**

GP - Garrett Park, 22325 W 47th St.

LAIRD - Herman Laird Park, 5783 Cody

SCC - Shawnee Civic Centre, 13817 Johnson Dr.

JUSTICE - Justice Center, 5850 Renner Rd.

MVHS - Mill Valley High School, 5900 Monticello Rd.

SAFETY - John B. Glaser Fire Station, 6335 Quivira

TASAC - Thomas A. Soetaert Aquatic Center, 13805 Johnson Dr.

For descriptions on our summer camps visit www.cityofshawnee.org or call (913)631-5200 to request a camp brochure.

YOUTH

YOUTH SPORTS

Super Kids (ages 4 - 6)

Learn basic Tae Kwon Do skills in this fun environment which emphasizes courtesy, integrity, perseverance, self-control and indomitable spirit. This class develops self-confidence, self-discipline, and gross motor skills. Additional family members may join for ½ price. **Instructor:** Master Suzan Crochet.

282101-01	Apr 5-26	Th	6:00pm	\$22
282101-02	May 3-31	Th	6:00pm	\$22
282101-03	Jun 7-28	Th	6:00pm	\$22

Class Length: 45 minutes

Jr. Tae Kwon Do (ages 6 - 10)

This modified curriculum serves as a transition between Super Kids and the Adult Tae Kwon Do class, while setting a strong foundation for the adult program. If the student chooses to continue in the art, they can progress to the level of junior black belt. Additional family members may join for ½ price. **Instructor:** Master Suzan Crochet.

282102-01	Apr 3-24	Tu	5:30pm	\$42
282102-02	May 1-29	Tu	5:30pm	\$42
282102-03	Jun 5-26	Tu	5:30pm	\$42

Class Length: 1.5 hours



Skateboarding 101 (ages 3 - 12)

Learn skate park etiquette, balance, basic skills and simple tricks perfect for beginners. Parents must be present at each class. Helmets and a skateboard are required; knee and elbow pads are highly recommended. **Instructor:** Dan Mapes

282103-01	*Mar 24-May 5	Sa	10:00am	\$50
282103-01	**Jun 2-July 21	Sa	10:00am	\$50

Class Length: 1.5 hours

Location: Swarner Park

*Please note this class meets every other Saturday.

** Please note this class meets 6/2, 6/16, 6/30, and 7/21.

Little Sluggers T-Ball Clinic (ages 4 - 6)

This t-ball clinic will allow your little one to have fun and learn the critical skills to play baseball. We will focus on the very basic fundamentals of the sport, base running, hitting, catching, throwing and most importantly sportsmanship. We will use developmentally appropriate equipment during this program to allow for a safe and fun environment. Parents and children attend. **Instructor:** Dana Braxton. **Location:** Stump Park field #2.

282105-01	Apr 17-May 8	Tu	4:00pm	\$30
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Class Length: 40 minutes

Velocity Volleyball Clinic (Incoming 3rd - 8th graders)

Through fast paced training and game-like drills, players will work on learning and refining their techniques on all aspects of the game, from serving to digging and everything in between. They will learn how to play the game and improve their skills helping to prepare them for future levels of programs and play. **Instructor:** Coach Susan Specht

Incoming 3rd - 5th Graders

282106-01	Apr 4-25	W	5:30pm	\$60
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Incoming 6th - 8th Graders

282106-02	Apr 4-25	W	6:30pm	\$60
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Class Length: 1 hour

Junior Golf Lessons (ages 8 - 16)

These lessons will introduce you to the basics of golf. Learn fundamentals such as grip, stance, etiquette, and much more. We will teach you to use irons and woods for the short and long games. These various skills will be used to get you familiar with this great game. Bring your clubs or we have U.S. kids clubs for sale in the golf shop. **No class 5/22. Instructor:** PGA Professional Staff.

282107-01	May 8-29	Tu	5:00pm	\$60
282107-02	Jun 5-19	Tu	5:00pm	\$60

Class Length: 55 minutes

Location: Shawnee Golf & Country Club, 6404 Hedge Lane

**SIGN UP EARLY SO
GOOD CLASSES DON'T
GET CANCELLED!**

Happy Feet Soccer (ages 2½ - 6)

Build soccer skills through games, songs, and adventures! The Happy Feet play-based approach teaches healthy habits through soccer! Build confidence, learn soccer, and have fun! This monthly program runs year round, so grab your friends and get your happy feet kicking! **Instructor:** Happy Feet Coach.

282108-01	Apr 4-25	W	2:00pm	\$40
282108-02	May 2-23	W	2:00pm	\$40
282108-03	Jun 6-27	W	2:00pm	\$40

Class Length: 30 minutes

Location: Stump Park Field 1



Johnson County Track & Field Meet (ages 6 - 14)

This FREE track meet is open to Johnson County residents, ages 6-14, who may compete in a maximum of four events with no more than three running events. Check-in starts at 8:30am and ends at 10:30am with events running continuously between 9:00am-11:00am (800m and 1600m run at set times). Pre-registration is required. The deadline to register is April 24th. The first 300 participants receive a free t-shirt.

185101-01	Apr 28	Sa	9:00am	FREE
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Location: SMNW, 12701 W. 67th Street

NEW! Pitch, Hit, Run (ages 7 - 14)

Want to win a trip to the Major League Baseball All-Star Game? Come compete in MLB's Pitch, Hit and Run competition! Pitch, Hit and Run provides youngsters across the country on opportunity to participate in an exciting baseball/softball skills competition. Pitch- Participants are tested throwing 6 balls to a designated "Strike Zone" target; Hit- Participants hit 3 balls off a tee for distance and accuracy; Run- Participants are timed, starting from 2nd base, touching 3rd then touching home plate. 1st place in All Around, Pitching, Hitting, and Running at this local competition will earn the right to compete at the sectional level at a later date. Pre-registration is required.

282104-01	Apr 14	Sa	9:00am	FREE
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Event Length: 2 hours
Location: Gum Springs Park, 11524 W 67th Street

Youth Health & Fitness

Stretch n' Grow (ages 2 - 5)

It's never too early to instill lifelong habits of fitness and exercise in your child's life. By taking a holistic approach to children's exercise through music, dance, and fun, your child will learn body awareness, focus, physical strength, and flexibility. **Instructor:** Dana Braxton.

283101-01	Apr 20-May 18	F	11:00am	\$50
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Class Length: 45 minutes

Yoga Kids (ages 5 - 12)

Children will learn traditional yoga asanas (poses) such as cat/cow, downward dog, tree, cobra and much more. Using interactive games and animated postures, kids will learn about animals, nature and basic anatomy. Yoga is a fun class that helps children develop great skills in a supportive and non-competitive environment. Kids benefit from a practice of strengthening, stretching, relaxing, and breathing. **Instructor:** Annie Gupta

283102-01	Mar 19-Apr 23	M	4:15pm	\$60
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Class Length: 1 hour
Class Location: SWEAT Studio, 12206 Johnson Dr.



Youth Dance & Theatre

B.A.D. (Boys Athletic Dance) (ages 6 - 10)

Ba- Ba- Ba- Bad to the bone! Warning, this is not your typical dance class. Discover Hip Hop and breakdancing as you learn some new moves in this fun and high energy filled environment. **Instructor:** Academy of the Arts.

284102-01	Apr 12-May 24	Th	6:00pm	\$77
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Class Length: 55 minutes
Location: Academy of the Arts, 5413 Martindale

Tap/Jazz/Ballet Combo (ages 3 - 6)

Calling all soon-to-be dancers! A great starting point for beginners, this class will lead you into the various styles of dance through fun, games, and fundamentals. Pink ballet shoes and black tap shoes are required, and may be purchased ahead at the studio or online at www.academyarts.net. Any color leotard and tights are suggested. **Instructor:** Academy of the Arts.

284101-01	Apr 10-May 22	Tu	6:30pm	\$77
284101-01	Jun 5-26	Tu	6:30pm	\$44

Class Length: 50 minutes

Dance with Me! (ages 1 ½ - 3 with caregiver)

This class is ideal for the youngest dancers ages 18 months through 3 years that are just wanting to try out a dance class. Parents attend class with their young dancer to learn introductory fundamentals of ballet! **Instructor:** Academy of the Arts

284104-01	Apr 10-May 22	Tu	5:30pm	\$77
284104-01	Jun 5-26	Tu	5:30pm	\$44

Class Length: 45 minutes

Youth Arts and Craft

Krafty Kids (ages 5 - 10)

Put on your creative cap, it's time to get artsy! We will cut, paint, glue and so much more! Join us each month as we tackle another fun and seasonally festive craft product. We'll bring the supplies you bring your creativity! **Instructor:** Shawnee Parks & Recreation Staff.

285101-01	Apr 10	Tu	3:40pm	\$5
285101-02	May 8	Tu	3:40pm	\$5

Art Package - both classes

285101-07	both dates	Tu	3:40pm	\$8
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Class Length: 1 hour

Location: New City Church, 7456 Nieman Road.



Mother's Day Make & Take (ages 6+ with an adult)

Bring your favorite grown-up and create a one-of-a-kind keepsake to give to the Mom in your life this Mother's Day. Participants will create a silhouette cut-out of the child that will be applied to colorful paper of their choice and framed. Make a gift they will treasure forever! **Instructor:** Janelle Peterson

285102-01	May 12	Sa	9:00am	\$30
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Class Length: 2 hours



We're "Nuts" About Dad (ages 6+ with an adult)

Bring your favorite grown-up or kid and create a one-of-a-kind keepsake to give to the Dad in your life this Father's Day. Tell Dad you are "nuts" about him by creating this fun frame for a picture of the youngsters in his life. Participants will paint the frame & decorate to their style with various hardware. **Instructor:** Janelle Peterson

285103-01	Jun 9	Sa	9:00am	\$30
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Class Length: 2 hours

Youth Personal Enrichment

HyVee's Kids in the Kitchen (ages 3 - 10 with a caregiver)

Learn to make snacks and treats with Shawnee HyVee's Registered Dietician! Join us for hands on instruction, kid friendly, peanut-free cooking! From snack mix to cowboy caviar, there is a little something for everyone! **Instructor:** Nicole Joyner, Shawnee HyVee Dietitian

286103-01	Apr 21	Sa	9:00am	\$10
286103-02	May 19	Sa	9:00am	\$10
286103-03	Jun 16	Sa	9:00am	\$10

Class Length: 1 hour

Location: Hy-Vee Dinning Area, 13550 W. 63rd Street

ADULT

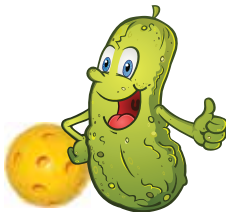
Adult Sports

Drop-In Volleyball

Grab your friends and join us Monday evenings until May 21st for open volleyball! No registration, no teams and no supplies needed. Recreational play is \$2 per person from 5:45-7:45pm and competitive play is from 8:00-10:00pm. Space is limited; first come, first play.

Drop-In Pickleball (all ages)

This sport is a blend of tennis, badminton, and ping pong, created for a variety of skill levels. You do not need a partner and equipment is provided. (Dates & Times vary).



Sundays	5:30pm-8:30pm	\$2
Mon/Wed/Fri	9:00am-12:00pm	\$1
Mon*/Wed	5:30pm-9:30pm	\$2

*Beginning June 4th

Tae Kwon Do (ages 7 and up)

This international sport is also a form of self-defense. Learn the basics while developing courtesy, integrity, perseverance, self-control and an indomitable spirit. This class is designed for individuals and families. Additional family members may join for ½ price.

Instructor: Master Suzan Crochet.

282201-01	Apr 3-26	Tu,Th	7:00pm	\$45
282201-02	May 1-31	Tu,Th	7:00pm	\$45
282201-03	Jun 5-28	Tu,Th	7:00pm	\$45

Class Length: 1 hour

Get Golfing! A Golfer's Jumpstart (ages 16+)

Get on the green quicker than you think! Learn the basics of the swing and the sport in this quick one time beginners workshop. Start with these skills to begin your journey with this sport! **Instructor:** PGA Professional Staff.

282202-01	Apr 24	Tu	6:00pm	\$20
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Class Length: 1 hour

Location: Shawnee Golf & Country Club, 6404 Hedge Lane

Golf Lessons (ages 16+)

Lessons will begin basics such as grip and stance etiquette before moving on to more advanced skills. Learn to use both irons and woods. These various skills will be used to get you familiar with this lifetime sport. Borrow our clubs or bring your own. **No class 5/22.**
Instructor: PGA Professional Staff.

282203-01	May 8-29	Tu	6:00pm	\$60
282203-02	Jun 5-19	Tu	6:00pm	\$60

Class Length: 55 minutes

Location: Shawnee Golf & Country Club, 6404 Hedge Lane

T.A.K.E. Defense

T.A.K.E. Defense was established in 2004 by the Kemp family in partnership with Johnson County Park and Recreation District and in cooperation with Blue Valley Recreation Commission and Leawood Park and Recreation. T.A.K.E. Defense carries its message and training across the United States It's You Power. Whether it's going to the bookstore, soccer practice or home, you have the right to feel safe wherever you go. But we know that's not always the case. So we'll provide you with hands-on, self-defense training. Training to give you the knowledge, confidence and empowerment you'll need if ever in a situation compromising to your safety. Start taking action today. A \$10 donation is requested, but not mandatory.

289203-01	Mar 31	Sa	10:00am
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Class Length: 2 hours

Adult Health & Fitness

Tai Chi (ages 16+)

Harvard Health Publication called Tai Chi "meditation in motion" for all the many health issues it can treat. Best-selling author teaches slow motion meditative movements and visualization to lower stress, provide well-being, burn calories, provide cardiovascular benefit, and improve sports performance. **No class 4/28.**
Instructor: Bill Douglas.

283201-01	Mar 17-May 5	Sa	9:30am	\$84
283201-02	May 19-Jul 7	Sa	9:30am	\$96

Class Length: 1.5 hours

PIYO (Pilates/Yoga) (ages 16+)

It's Pilates, no it's Yoga, no it's Pilates... Wait, it's both! Enjoy the benefits of Yoga such as breathing management and relaxation and the flexibility and toning of Pilates. Please bring a mat and towel. **No class 7/7.**

Instructor: Jessica Lee.

283202-01	Apr 3-May 10	T,Th	8:30am	\$63
283202-02	May 15-Jun 28	T,Th	8:30am	\$68

Class Length: 55 minutes

Morning Mix (ages 16+)

Kick start your mornings with fitness at its finest. Using a mix of styles such as step, strengthening, toning, and a small taste of bootcamp, you will energize your daily routine with a full body workout. This is a challenging workout, but participants are encouraged to work at their own pace. **No class 5/28, 5/30, and 6/1.**

Instructor: Lori Meyer.

283205-01	Apr 2-30	M,W,F	8:00am	\$32
283205-02	May 2-25	M,W,F	8:00am	\$32
283205-03	Jun 4-29	M,W,F	8:00am	\$35

Class Length: 55 minutes

Circuit Blast (ages 16+)

Want to tame the exercise doldrums? Switch up exercises frequently and get a full body workout in the most effective way - CIRCUIT TRAINING! You get the benefits of muscle building and toning along with an intense cardio workout all at your own pace. **Instructor:** Ronni Ward.

283203-01	Apr 4-May 9	W	5:30pm	\$27
283203-02	May 16-Jun 27	W	5:30pm	\$32

Class Length: 55 minutes

Power Pump (ages 16+)

Do you need a fun, energy packed, toning class that targets all the muscles you never knew you had? Burn your muscles to fatigue and get you toned in all the right places! Moves can be modified to accommodate people of all ages! **No class 5/28, 6/7, and 6/21.**

Instructor: Lesley Ice.

283206-01	Apr 2-May 10	M,Th	6:30pm	\$54
283206-02	May 14-Jun 28	M,Th	6:30pm	\$50

Class Length: 55 minutes

Zumba (ages 16+)

Dance your pants down a size! Using a variety of dance moves from all over Latin America, shed the pounds away with this aerobic workout. **Instructor:** Casa de Fitness.

283207-01	Apr 7-May 12	Sa	8:30am	\$32
283207-02	May 19-Jun 30	Sa	8:30am	\$37

Class Length: 55 minutes

Yoga (ages 16+)

Relax the stress of the day away with gentle stretching and deep breathing. With increased flexibility, upper and lower body strengthening, greater mental and physical balance and increased circulation you will be ready to take on life's challenges. Please bring a towel and a mat. **No class 5/28.** **Instructor:** Kathy Ray.

283208-01	Apr 2-May 7	M	6:00pm	\$42
283208-02	May 14-Jun 25	M	6:00pm	\$42

Class Length: 55 minutes

Fit After Fifty (ages 16+)

A low impact aerobics class designed to help you feel better, look better and can help prevent many health problems common with the mature adult. You are encouraged to work at your own pace. With this five day a week class, pick your own flexible schedule with a 6 or 12 punch card. Call (913) 742-6403 for more information! **No class 5/28.**

Instructor: Debbie Shearer.

12 flexible - 1 hour workouts

283301-01	Apr 2-Jun 29	M-F	8:15am	\$45
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6 flexible - 1 hour workouts

283301-02	Apr 2-Jun 29	M-F	8:15am	\$24
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Senior Tai Chi (ages 16+)

Tai Chi consists of breathing exercises and a series of postures that flow into one another through connecting transition moves. These slow, graceful, precise body movements are said to improve body awareness and enhance strength and coordination while helping the participant achieve inner peace. Watch your strength, flexibility, and mental awareness increase.

Instructor: Debbie Shearer.

Beginner

283302-01	Apr 5-May 10	Th	9:00am	\$21
283302-03	May 17-Jun 28	Th	9:00am	\$24

Intermediate

283302-05	Apr 3-May 8	Tu	10:00am	\$21
283302-06	May 15-Jun 26	Tu	10:00am	\$24

Advanced

283302-02	Apr 5-May 10	Th	10:00am	\$21
283302-04	May 17-Jun 28	Th	10:00am	\$24

Class Length: 1 hour

Arthritis Exercise Program (ages 16+)

An exercise program specifically designed for people with arthritis and fibromyalgia, and is endorsed by the Arthritis Foundation. You will use gentle activities to help increase joint flexibility and range of motion. Let this class help you maintain muscle strength and increases overall stamina. Participants must have their doctor's consent before beginning this exercise program.

Instructor: Debbie Shearer.

283303-01	Apr 3-May 10	Tu,Th	11:00am	\$42
283303-02	May 15-Jun 28	Tu,Th	11:00am	\$49

Class Length: 1 hour



Essential Oils 101 (ages 16+)

Essential What?! What are these oils and how do I use them? Where do I get them? Are they safe? We will cover these questions and more. Learn the basics of essential oils, how to choose a quality oil, how to use them safely, and which essential oils can be part of your daily routine to support general health, minor ailments, skin care, cleaning, etc. **Instructor:** Jaclyn Naster

283209-01	Jun 19	Tu	6:30pm	\$19
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Class Length: 1.5 hours

NEW! Essential Oils Make and Take (ages 16+)

Ready to put those Essential Oils to use? Come make and take some useful elixirs to help with everyday ailments. Along with new recipes to make on your own, you will take home three ready to use Essential Oil mixtures!

Instructor: Jaclyn Naster

283210-01	Jun 27	W	6:30pm	\$30
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Class Length: 1.5 hours

Adult Dance

Country Dance Party (ages 16+)

Dance the night away in a smoke and alcohol-free environment (we provide pop and water at no charge). A great opportunity for families to participate together! Dances will be held on Fridays, April 20th, May 18th, and June 15th from 7:30-11:00pm No advance registration is required. \$5 fee payable at the door.

Instructor: Bob & Ginger Bowsher.

Country Dance Lessons (ages 16+)

Do you enjoy all types of country dance? Join other dance enthusiasts Sundays from 6:30-9:00pm for lessons and practice. Line dances will be taught. No registration necessary. Pay \$4 at the door. No lessons 5/13, 5/27, and 6/17. **Instructor:** Donnalea Espee.

Adult Arts and Crafts

Paint and Sip (ages 21 and up)

Who wants to have fun with friends and learn how to paint an amazing painting? This BYOB paint party is the place to be! Bring your friends and your favorite drinks to enjoy this paint party for "Adults Only Fun"!

Instructor: Pamela Sheehan, Gallery on the Go.

285202-01	Jun 15	F	6:30pm	\$38
285202-02	Jul 20	F	6:30pm	\$38

Class Length: 2.5 hours

Mother Daughter Paint Party (ages 8+)

Step out of the box this Mother's Day and make colorful memories! Each of you will create your own canvas painting. Sign up with your mom, sister, aunt or grandma, all ladies are invited! (The enrollment fee is per person.)

Instructor: Pamela Sheehan, Gallery on the Go.

285203-01	May 13	Su	2:00pm	\$38
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Class Length: 2 hours

NEW! Bullet & Art Journaling (ages 16+)

Learn all about this incredibly popular method for organizing your calendar and your thoughts. Bullet journaling is a great option if you are looking for a simple approach to time management or want to incorporate more creativity into your daily life. These courses will walk through the basics and explore how you can utilize journaling to fit your unique needs.

Journaling 101: Learn the basics of bullet journaling and walk away with personalized templates to implement in the opening pages of the journal you choose.

Digging Deeper: Explore options for future planning, monthly & weekly spreads, and daily journal utilization.

Making it Mine: Experiment with ways to make your journal uniquely you. We will use different pens and materials and try out some hand lettering and doodles that anyone can do – regardless of artistic experience.

Journaling for Goals & Projects: Discover how to utilize your journal to strategize and track long-term goals. Examples include books to read, places to visit, habits you want to develop, or projects to complete in the coming year. **Instructor:** Janell Peterson

Journaling 101

285201-01 April 2 M 6:30pm \$20

Digging Deeper

285201-02 April 10 Tu 6:30pm \$20

Making it Mine

285201-03 April 17 Tu 6:30pm \$20

Journaling for Goals & Projects

285201-04 April 24 Tu 6:30pm \$20

All four classes

285201-05 All Dates \$70

Class Length: 1.5 hours



NEW! Fabulous Fairy Gardens (ages 16+)

If you've been to the garden center or hobby store recently, you've seen those adorable miniatures for magical fairy gardens. We will explore ideas for creating your own at home, from choosing your site, container, and plants. Participants will also use polymer clay and elements easily found in nature to create miniatures to incorporate when your garden is ready. **Instructor:** Janell Peterson

285204-01 May 10 Th 6:00pm \$30

Class Length: 2 hours



NEW! Shabby Chic Faux Windmill (ages 16+)

Move over Pinterest! We're making our own Shabby Chic Faux Windmill! Utilizing repurposed elements and a faux painting technique you will create a stunning accent piece for your wall or mantle. **Instructor:** Janell Peterson

285205-01 Jun 14 Th 6:00pm \$45

Class Length: 2 hours

NEW! Cheerful Hoop Wreath (ages 16+)

Enjoy a creative evening making this elegant and simple embroidery hoop wreath. Incorporate the word that makes you "happy" along with greenery & ribbon to personalize to your décor. **Instructor:** Janell Peterson

285206-01 Jun 28 Th 6:00pm \$35

Class Length: 2 hours

Personal Enrichment

NEW! Meditation & Crystals (ages 16+)

Take control and reduce your stress, anxiety, and frustrations with meditation. Learn some of the basics of meditation practice, such as breathing, posture, and mindset. Take your meditation one step further with common crystals and stones. For thousands of years people have used naturally occurring crystals and stones to release mental, physical, and spiritual blockings. Along with the footings to begin your own meditation, you'll leave with four crystals and a basic overview of some of the common crystals and stones used with meditation. **Instructor:** Jaclyn Naster

286202-01 Jun 12 Tu 6:30pm \$20

Class Length: 1.5 hours



Shawnee 101 (ages 16+)

Have you ever wondering how our town works? Join us for a very informative overview of city services. We will discuss where revenue comes from, how it is spent, and plans for the future. You will leave with a greater understanding of how your community works and what makes Shawnee shine! Although this class is free and open to the public, pre-registration is recommended.

Instructor: Vicki Charlesworth, Interim City Manager and Nolan Sunderman, Assistant City Manager

286203-01 Apr 11 W 6:30pm FREE

Class Length: 1.5 hours

Hunter Education (Ages 11 and up)

To meet state requirements this class is designed to allow the participant to complete the chapters and quizzes online. Students need to print off the Certificate of Completion at the end of the course. Participants must also successfully pass a quiz at the beginning of the in-classroom portion in order to continue with the instructional class where there will be a demonstration and a final written test. Complete the online portion of this class at programs.ksoutdoors.com.

286201-01 Apr 2 M 9:00am \$15

286201-02 May 26 Sa 9:00am \$15

286201-03 Jun 2 Sa 9:00am \$15

Class Length: 8 hours

HUNTER ED COURSE

NEW! On the Right Side of History (Ages 16+)

In 1992 Congress passed the JFK Act - Since then, over 4 million documents & files have been released from the National Archives; what role do these documents play in determining TRUTH in America's Contemporary History?

"Assassinations in America"

286205-01 Apr 10-11 Tu-W 9:30am \$35

"The Ed Hoffman Story"

286205-02 Apr 17-18 Tu-W 9:30am \$35

"The Eyes of Texas"

286205-03 Apr 24-25 Tu-W 9:30am \$35

"Lee Oswald and the Great Coca Cola Caper"

286205-04 May 1-2 Tu-W 9:30am \$35

"The Edge of Apocalypse"

286205-05 May 8-9 Tu-W 9:30am \$35

"Guardians of the Republic"

286205-06 May 15-16 Tu-W 9:30am \$35

"Grave In Justice"

286205-07 May 29-30 Tu-W 9:30am \$35

All 7 seminars

286205-08 Apr 10-May 30 Tu-W 9:30am \$200

Class Length: 2.5 hours



BBQ Bootcamp (ages 16+)

From pizza to the pub fare, grilling season is here! In Wood Fired Pizza, you'll learn to make amazing pizza at home! We'll tackle Neapolitan thin crust and a Chicago style deep dish. Apprentice no more, you'll master the grill as you learn to cook a three course meal, all on the grill! Make it a date night with your favorite partner in crime! Wrap up your bootcamp with Pub fare as we incorporate beer into the cooking process. From brining to braising these dishes will leave you ready to hit the summer BBQ circuit! **Instructor:** Smoke on Wheels

"Wood Fired Pizza"

286204-01 Apr 22 Su 2:00pm \$54

"Master of the Grill"

286204-02 May 27 Su 2:00pm \$54

"Pub Fare"

286204-03 Jun 17 Su 2:00pm \$54

"BBQ Bootcamp"

286204-04 All 3 dates \$132

Class Length: 2.5 hours

TRIPS AND TOURS

Birds, Bees, and Blooms (ages 50+)

Fly into spring with an exciting trip to Byrd's Botanicals to start the day. We will explore the underground world of orchids before heading over to the Powell Gardens for their ever-changing floral exhibit. Lunch is included at Powell Garden's Cafe Thyme.

Registration Deadline: March 2

187202-01 Apr 4 W \$72

Depart: 8:55am - Return: 3:45pm

Quality Hill Playhouse- "Billboard Blockbusters" (ages 50+)

The cabaret revue of "Billboard Blockbusters" features many songs reminiscent of times gone by. Prior to the show, we will enjoy a delightful lunch (included) at The Majestic Hotel, just adjacent to the theater.

Registration Deadline: March 9

187203-01 Apr 26 Th \$83

Depart: 10:15am - Return: 3:45pm

Peter Pan Ballet (ages 50+)

We're off to Neverland with Wendy and Peter! Let's go to the Kauffman Center and watch the Peter Pan ballet. The show is only in town for two weeks, but we got seats during opening night! We will have a delicious, catered dinner at Sylvester Powell, Jr. Community Center then off to the show in style. **Registration Deadline:** April 8

287202-01 May 11 F \$110

Depart: 4:45pm - Return: 11:30pm

Use a Vacation Day! (ages 21+)

Around 50% of Americans don't use their PAID vacation days ... Use one up with us, grab a couple of friends and hop on the bus! We're heading to three different local breweries for tasting and tours. Tours include Boulevard Brewing Co, Border Brewery and Cinder Block Brewery. Lunch is on your own at Jack Stack BBQ.

Registration Deadline: April 26

287206-01 May 3 Th \$73

Depart: 11:15am - Return: 5:45pm

Kansas City Royals Game (ages 50+)

Cheer on our favorite boys in blue this summer with an evening game and the chance to get to our seats early. Early bird ticket is included in your fee. Seats will be on the third base side mid to lower level.

Registration Deadline: May 18

387204-01 Jun 19 Tu \$81

Depart: 3:50pm - Return: 11:15pm

Petals & Flutes (ages 50+)

The sunflowers at Grinter Farms are a sight to behold. Travel to Lawrence with us and after enjoying the "petals" of sunflowers, we will head to Blue Jacket Winery for a box lunch and wine tasting. Before heading home, we will make a quick stop for a sip & taste at White Tail Run Winery.

Registration Deadline: July 30

387202-01 Aug 31 F \$52

Depart: 9:20am - Return: 3:45pm

Jamesport & More (ages 50+)

Spend the day in the land of the Amish and enjoy candle making demonstrations, shopping in several Amish stores, lunch at the Gingerich Dutch Pantry Restaurant (included in fee), and visit their bakery.

Registration Deadline: August 1

387203-01 Sept 5 W \$71

Depart: 8:00am - Return: 5:15pm

Ozark Mountain Christmas (ages 50+)

It's the most wonderful time of the year, and there is nothing more merry than visiting Ozark Mountain Christmas during the Holiday Season. Highlights of this trip include: Dixie Stampede dinner show, a tour and lunch at College of the Ozarks, Daniel O'Donnell's Holiday show, local shopping, lunch at the famous Mel's Hard Luck Diner in Grand Village, and enjoying Sampson at the Sight & Sound Theatre, to name a few. We will be staying 2 nights at the Lodge of the Ozarks in the heart of Branson, MO, and luggage handling is included.

Registration Deadline: August 3

487202-01 Tu, Nov 6 - Th, Nov 8

\$551/Single \$448/Double

Depart: 7:15am - Return: 10:45pm

SHAWNEE TOWN 1929

11501 W. 57th Street, Shawnee, KS 66203

From Flintlock to Enbloc: Historic Infantry Weapons and Field Equipment 1812 - 1945

Come explore the long arms carried by the American foot soldier from 1812-1945, and learn about the related field equipment needed to maintain and serve the weapons. From flintlock muskets to Enbloc clips, learn about the historic technologies available from colonial times to the WWII “arsenal of democracy” era. Infantry small arms will be the focus (along with a couple surprised thrown in), with many period examples being available for class participants to see first-hand.

Instructor: Charlie Pautler, Shawnee Town 1929 Museum

295201-01 May 22 T 6:30pm \$10

Class Length: 1.5 hours

Location: Town Hall, 11600 Johnson Drive

1920s Mystery Book Club

The 1920's was known for its great literature and mystery mayhem! This year we'll be focusing on Agatha Christie and some of the other great mystery writers of the time.

Instructors: Melody Kazmi, Johnson County Library and Sharron Uhler, Shawnee Town 1929.

April 21 - Cat Among the Pigeons by Agatha Christie. It's an inside job at a prestigious British girls' school and Hercule Poirot has to sort out who killed one of the teachers before anyone else falls victim to the cat among the pigeons.

May 19 - Journey to Munich by Jacqueline Winspear. At the request of the Secret Service, Maisie Dobbs agrees to portray a man's wife and retrieve her “husband” from a prison in Dachau just outside of Munich.

June 16 - A Caribbean Mystery by Agatha Christie. Miss Marple is entangled in a Caribbean mystery when a retired military man sparks her curiosity with a photograph and a strange story of a murderer.

Marble Tournament

Saturday May 12, 10:00am - Noon

Marbles were one of the most popular games in the 1920's and Shawnee Town is taking the fun one step further. Participate in our tournament and the two final winners will automatically be entered in the National Museum of Toys and Miniatures' major tournament on June 9th. Richard Maxwell, marble collector, teacher and author, will judge. Our sponsor, Moon Marble, will have awesome prizes for the winners.

Bloody Mary Party

Wednesday, May 30, 5:30pm - 7:00pm

Returning again this year, our annual Bloody Mary Roll-Out party to kick off the start of Old Shawnee Days! This event is open to the public, and is a main fundraiser for the Friends of Shawnee Town. Tickets are just \$25 per person and include hors d'oeuvres from Hereford House, beer, wine and of course Bloody Mary's! We will also have several items up for grabs at our raffle. We will wrap up the evening with a live auction with fabulous prizes! Bring your friends and plan to make an evening of it.

Fried Chicken Dinner with all the Fixins and Chicken Stories

Wednesday, June 20, 5:30pm - 7:00pm

Feast yourself on a fried chicken dinner just like Grandma used to make in the 1920's. Storytellers, Linda and Gary Kuntz, will share some of their favorite chicken stories. Come eat, listen and laugh! Tickets are just \$10 and advance registration is required.

Jammin' on the Green with the Kansas City Ukesters

Wednesday, June 27, 7:00pm - 8:30pm

The ukulele was one of the most popular musical instruments of the 1920's and every year the Kansas City Ukesters make it their business to enlighten us on the high merits of its sound. Annual concerts at the Museum's Bandstand wouldn't be complete without their refreshing renditions of popular music of the 20's. Bring your lawn chairs and picnic dinner! Light refreshments provided.

For more Information or to register for any Shawnee Town program call (913) 248-2360

SENCOM

All SenCom Computer classes are held at the SenCom Computer lab at 6535 Quivira. All classes are approximately 3 hours long, and are \$30 each. For more information call (913) 631-5200.

Class Title	Code #	Date	Time
Transferring Photos	286319-01	Tues, Apr 3	9:00am
Windows 10	286302-01	Thur, Apr 5	9:00am
The Cloud	286311-01	Tues, Apr 10	1:00pm
Organizing & Editing Photos	286320-01	Thur, Apr 12	9:00am
Beginning Computer Workshop	286301-01	Tues, Apr 17	9:00am
Internet Basics	286303-01	Thur, Apr 19	1:00pm
*Introduction to iPad	286315-01	Tues, Apr 24	9:00am
Google's Other Features	286309-01	Thur, Apr 26	1:00pm
Windows 10	286302-02	Tues, May 1	1:00pm
Organizing & Editing Photos	286320-02	Thur, May 3	1:00pm
Computer Maintenance	286302-01	Tues, May 8	9:00am
Internet Basics	286303-02	Thur, May 10	1:00pm
The Cloud	286311-02	Tues, May 15	1:00pm
Introduction to Facebook	286305-01	Thur, May 17	1:00pm
Google's Other Features	286309-02	Tues, May 22	9:00am
Using Email	286310-01	Thur, May 24	9:00am
Intro to Android Tables & Folders	286317-01	Tues, Jun 5	1:00pm
The Cloud	286311-03	Thur, Jun 7	9:00am
Organizing Files & Folders	286308-01	Tues, Jun 12	9:00am
*Introduction to iPad	286315-02	Thur, Jun 14	9:00am
Windows 10	286302-03	Tues, Jun 19	1:00pm
Google's Other Features	286309-03	Thur, Jun 21	9:00am
Using Email	286310-02	Tues, Jun 26	1:00pm
Internet Basics	286303-03	Thur, Jun 28	1:00pm

*The Intro to iPad class is held at The Shawnee Civic Centre, 13817 Johnson Drive.

Registration is Easy!

On-Line:

www.recreateshawnee.org

Mail In:

Shawnee Parks & Recreation
11110 Johnson Drive
Shawnee, Kansas 66203

Walk In:

Shawnee Civic Centre	Shawnee Town 1929
13817 Johnson Drive	11501 W. 57 th Street
Shawnee, Kansas 66216	Shawnee, Kansas 66203

Fax In:

(913) 631-4651

Credit Cards:

We accept Visa, MasterCard, Discover and American Express

Hours of Operation

Monday - Saturday, 8:00am - 10:00pm

Sunday, 11:00am - 9:00pm

Open Gym Hours

Visit www.cityofshawnee for weekly gym hours

Class Locations

All classes listed are held at the Shawnee Civic Centre 13817 Johnson Drive, unless noted.

Information?

Shawnee Civic Centre
Call (913) 631-5200

Shawnee Town 1929
(913) 248-2360