



*Good Biking Starts Here!*

# PARKED

Food Trucks • Fireworks • Music • Fun!

SHAWNEE PARKS AND RECREATION  
Fireworks at 9:30 pm!

Sponsored by:



Friday, June 28 · 5:30 p.m. - 9:30 p.m.  
Stump Park, 47<sup>th</sup> and Woodland

A benefit for Friends of Shawnee Town

## Food Trucks

Bop N Bowl  
Coffeecake KC  
Drasko's Food Truck  
Greg-Co Foods  
Humdinger Food Truck  
La Hamburgesa Loca  
Paige's LLC  
Polar Oasis  
Sancho Streetside

Slaters Wings and Things  
Taste of Brazil  
Taste of Kansas City BBQ & Grill  
The Cajun Cabin  
The Casual Foodie  
The Funnel Cake Truck  
The Hungry Hatch LLC  
Torched Goodness  
3 Lemon Bros

## Music By:



## Kids Activities

Mad Science  
Bounce Houses  
Academy of the Arts  
Tennis

Beer Tent Sponsored By:



# GAME ON!

#shoutoutshawnee

#ShawneeParksandRec

#GameOnJuly

## NRPA'S PARK AND RECREATION MONTH - JULY 2019

**GAME ON!** It's National Parks & Recreation Month! Help us celebrate with **free** activities all month long! With over 1010 acres of parkland, over 500 classes, dozens of special events, and one superb living history museum we have a lot to celebrate! We'll kick this year's month off with **PARKED** at Stump Park on **Friday, June 28!**

### FREEDOM FLING AT POOL

Join us on **Thursday, July 4** at the Thomas A. Soetaert Aquatic Center or Splash Cove for concession specials, coordinated games, and prizes every hour from 12:30 p.m. - 5:00 p.m. Admission is half price with a canned food donation for Shawnee Community Services.

### BOOTCAMP AT POOL

Burn calories and de-stress in the pool with a deep water workout! Join us on **Saturday, July 6** at the Thomas A. Soetaert Aquatic Center at 9:00 a.m. for an intro to Aqua Bootcamp!

### YOGA IN THE PARK

Join Diane Doolin from Reach Into Wellness, LLC at Erfurt Park on **Wednesday, July 10** at 7:00 p.m. for a Sunset Stretch! This event is open to everyone from beginners to seasoned yogis. Please dress for the weather and bring a yoga mat and water bottle.

### DIVE IN MOVIE

Have a family fun night at the pool with **How to Train Your Dragon 3** at the Thomas A. Soetert Aquatic Center on **Saturday July 13!** This event is open to the public and will conclude the 2019 Shawnee Sharks Swim and Dive season. The movie will begin at dusk, so bring your favorite flotation device, or use ours, for an unforgettable night under the stars!

### TOUCH-A-TRUCK AND TIME TRAVELERS

Fire trucks, tractors, and bobcats, oh my! Bring your little ones out to Herman Laird Park on **Wednesday, July 17** from 5:30 p.m. to 7:00 p.m. Watch their eyes light up as they sit in the driver's seat of these big trucks! We'll have popsicles to beat the heat, but feel free to make a night of it with a picnic in the park! After you get your truck fill, head over to Shawnee Town for Time Travelers from 6:00 p.m. - 8:00 p.m.! The evening will include a variety of 1920's activities suitable for all ages!

### GAME ON! - DAY IN THE PARK

Lawn games, board games, games of all kinds! Bring the whole family to Garrett Park on **Saturday, July 20** to connect with nature and get your game on! Grab your clues from city staff to participate in a scavenger hunt for fabulous and fun prizes!

EARLY BIRD REGISTRATION

JUNE 1 - JULY 15

\$25

JULY 16 - AUGUST 23

\$30

DAY OF RACE

\$35

*To be guaranteed a shirt registration must be received by August 12.*

**REGISTRATION INCLUDES**

Ride • T-Shirt • Rest Stop Snacks  
SAG Support • Pancake Breakfast

Children 12 and under are FREE to ride with a paid registration (this registration does not come with lunch or a shirt). Invite family and friends to join you after the ride for Chris Cakes Pancakes for just \$8 per person.

**SUNDAY, AUGUST 25, 2019**

**5, 12 or 25 mile route**

*30<sup>th</sup> Annual*

**TOUR**  
*de Shawnee*

Presenting Sponsors



**The ride and pancake breakfast benefits the Juvenile Diabetes Research Foundation**

**September 27 & 28**

**SHAWNEE**



**GREAT GRILLERS  
STATE CHAMPIONSHIP**

**-2019-**

Applications for teams will open to the general public on June 3!

**[www.shawneegreatgrillers.com](http://www.shawneegreatgrillers.com)**

# Kids' Ages 5 - 11 Night Out

FREE  
PLAY

GAMES

DINNER

MOVIE

SNACKS

CRAFTS

Friday, July 26  
6:00 p.m. - 9:00 p.m.

**\$15**

(\$25 after July 19)

Siblings receive 10% off the regular price!

## KidsFest Business Fair

Saturday, September 7, 2019 • 9:00 a.m. - 12:00 p.m.

Our youth are capable of far more than we can imagine. When we can inspire them and give them opportunity to learn through real-world, hands on experiences, they will discover their calling and change the world.

KidsFest Business Fair will provide kids ages 6-16 the opportunity to be entrepreneurs -- boosting their confidence, teaching valuable lessons, and giving them an experience they will never forget. Kids will develop a brand, create a product or service, build a marketing strategy before the business fair. The young entrepreneurs will launch their very own startup business for customers at the one-day marketplace.

We will host booths at the Civic Centre. Applications will be available June 14 (booth \$15). Early bird pricing will run through July 15 (booth \$10). Space is limited so sign up now!



# SUMMER CAMPS

Camp Name	Code	Date(s)	Time	Price	Ages	Location
iMobile Game Design	286112-01	Jun 10-13	9:30am-12:00pm*	\$115	6-12	SCC
Video Game Design	286105-01	Jun 10-13	1:00pm-4:00pm*	\$170	9-17	SCC
Roblox Studio - Programming	286113-01	Jun 17-20	9:00am-12:00pm*	\$150	8-17	SCC
Robotics – Battle Bots	286104-01	Jun 17-20	1:00pm-4:00pm*	\$150	8-14	SCC
Grossology	286114-01	Jun 17-21	9:00am-4:00pm*	\$200	6-12	SCC
Summertime Paint Camp	285104-01	Jun 18-20	9:00am-11:00am	\$50	6-12	SCC
Summertime Paint Camp	285104-02	Jun 18-20	12:00pm-2:00pm	\$50	6-12	SCC
Jr. Tae Kwon Do Camp	282112-01	Jun 24-28	9:30am-12:30pm	\$100	6-12	SCC
3, 2, 1 Blastoff	286115-01	Jun 24-28	9:00am-4:00pm*	\$200	6-12	SCC
Fairy Princess Camp	284105-01	Jun 24-27	9:30am-12:00pm	\$95	3-6	AOTA
Gaming and Coding	386101-01	Jul 1-5	9:30am-3:30pm	\$255	6-12	SCC
iCode Programming Camp	386102-01	Jul 1-5	9:30am-12:00pm	\$120	6-12	SCC
iGame Creators Programming Camp	386103-01	Jul 1-5	1:30pm-3:30pm	\$120	6-12	SCC
Mine, Craft, Build Adventure w/ LEGO®	386106-01	Jul 8-12	9:00am-12:00pm*	\$150	5-9	SCC
WeDo Programming w/ LEGO®	386107-01	Jul 8-12	1:00pm-4:00pm*	\$150	7-9	SCC
Ev3 Programming w/ LEGO®	386109-01	Jul 8-12	9:00am-12:00pm*	\$150	9-12	SCC
Mine, Craft, Build Survival w/ LEGO®	386110-01	Jul 8-12	1:00pm-4:00pm*	\$150	9-12	SCC
Fairy Princess Camp	384105-01	Jul 8-11	9:30am-12:00pm	\$95	3-6	AOTA
Yognastics	283103-01	Jul 8-12	10:30m-12:00pm	\$60	6-12	SCC
Tennis Camp (Tu/Th only)	382111-01	Jul 9-Aug1	8:15am-9:00am	\$88	5-7	MVHS
Tennis Camp (Tu/Th only)	382111-02	Jul 9-Aug1	9:00am-10:00am	\$88	8-11	MVHS
Tennis Camp (Tu/Th only)	382111-03	Jul 9-Aug1	10:00am-11:00am	\$88	12-15	MVHS
SuperStar Cheerleading Camp	382113-01	Jul 10-12	1:30pm-4:00pm	\$70	5-12	SCC
The Wright Stuff Science Camp	386112-01	Jul 15-19	9:00am-12:00pm	\$120	6-12	SCC
LTD Basketball Camp	382112-01	Jul 15-18	9:00am-11:30am	\$90	7-14	SCC
Jr. Lifeguard Camp	381103-01	Jul 15-19	9:00am-4:00pm	\$250	11-14	TASAC
LTD Basketball Clinic	382112-02	Jul 19	9:00am-10:30am	\$30	4-6	SCC
Acting Up- “Modern Sleeping Beauty”	384103-01	Jul 15-19	4:00pm-5:30pm	\$65	6-13	SCC
KC Chess Camp	386104-01	Jul 22-25	9:00am-12:00pm*	\$125	5-12	SCC
Velocity Volleyball	382110-01	Jul 22-25	1:30pm-3:00pm	\$70	8-10	SCC
Velocity Volleyball	382110-02	Jul 22-25	3:00pm-5:00pm	\$80	11-13	SCC
Super Summer Science Lab	386105-01	Jul 29-Aug 2	9:00am-4:00pm*	\$200	6-12	SCC
Glam Camp	384106-01	Jul 29-Aug 1	9:30am-1:00pm	\$115	6-12	AOTA
Claws, Codes, Cosmos Science Camp	386111-01	Aug 5-9	9:00am-4:00pm*	\$200	6-12	SCC
KC Chess Camp	386104-02	Aug 5-8	9:00am-12:00pm*	\$125	5-12	SCC

\* These camps will offer 8am before-care and/or after-care until 5pm. Please see inside for more details.

SCC - Shawnee Civic Centre, 13817 Johnson Dr.

MVHS - Mill Valley High School, 5900 Monticello Rd.

AOTA - Academy of the Arts, 5413 Martindale

TASAC - Thomas A. Soetaert Aquatic Center, 13805 Johnson Dr.

For descriptions on our summer camps visit [www.cityofshawnee.org](http://www.cityofshawnee.org) or call (913) 631-5200 to request a camp brochure.

# SWIM LESSONS



Shawnee Parks and Recreation offers a unique, small class swim lesson program for children ages one and up. Classes meet Monday through Friday the first week and Monday through Wednesday the second. Eight, 30 minute lessons are just \$50. Choose from morning or evening programs at either the Thomas A. Soetaert Aquatic Center or Splash Cove at the Jim Allen Aquatic Center.

Registration is available at [www.recreatshawnee.org](http://www.recreatshawnee.org) or by calling (913) 631-5200.

## SESSION DATES

July 1 - July 11  
July 15 - July 24

### Morning Classes

9:40am - 10:10am  
10:20am - 10:50am  
\*11:00am - 11:30am  
\*♦11:40am - 12:10pm

### Evening Classes

\*5:00pm - 5:30pm  
\*5:40pm - 6:10pm  
6:20pm - 6:50pm  
7:00pm - 7:30pm

## PARENT/TOT

Ages: 1 - 2 years old

7 parent/child couples per class

Children are introduced to the aquatic environment so they become more comfortable in the water. The learning process is directed through the parents. Parents receive information and learn techniques to help orient their children to the water. Participants will learn: water adjustment, changing body positions, entering and exiting the water safely, exploring buoyancy on the front and back, and submerging.\*

## PRESCHOOL

Ages: 3 - 4 years old

Student/Instructor Ratio: 4:1

Children will learn basic water skills: water adjustment, water entries, assisted floats and glides, and possibility for introduction to the front and back crawl and skills pertaining to the ability of the child. The students will perform a skills evaluation and receive a certificate of completion on the last day of the session.

## PROGRESSIVE

Ages: 5 years and up

Student/Instructor Ratio: 5:1

Our Progressive Lessons have a unique style of their own. Lessons are based on the concept that each child works at his or her own pace; these lessons provide a great learning experience for children. At the end of the session each child will receive a certificate of completion, documenting the skills mastered.

## DIVE LESSONS

Fundamental dive skills and techniques are taught in this exhilarating class. Participants work at their own pace and progress from headfirst entry from the side in a sitting position all the way through performing flips from the high dive.♦

# AQUATICS

## Splashtacular Summerdays

Come celebrate the lazy days of summer with concession specials, coordinated games and prizes every hour from 12:30pm-5:00pm Admission is half price with canned donation at both aquatic centers!

- **Freedom Fling - July 4**
- **Summer Sizzler - August 2**

## Dive-In Movie Night

Join us for a night of fun at our Dive-in movie nights. Movies begin at dusk. Bring your favorite floatation device, or use ours, for a night under the stars.

**The Lego Movie 2**  
**Saturday, June 22**  
**8:00pm-11:00pm**



**How to Train Your Dragon 3**  
**Saturday, July 13**  
**8:00pm-11:00pm**



## K-9's at the Cove

Join us at Splash Cove for a fun play date at the pool with your dog. Proceeds benefitting local pet charity organizations. Space is limited preregistration is required.

<b>All Dog Sizes</b>	<b>\$6</b>
381101-01 Aug 17 Sa	7:15am-8:00am
<b>Dogs over 35lbs</b>	<b>\$6</b>
381101-02 Aug 17 Sa	8:15-9:00am
<b>Dogs under 35lbs</b>	<b>\$6</b>
381101-03 Aug 17 Sa	9:15-10:00am
<b>All Dog Sizes</b>	<b>\$6</b>
381101-04 Aug 17 Sa	10:15-11:00am

## Youth Private and Semi-Private Swim Lessons

Students will work at his/her own pace with the benefits of a one-on-one interaction with the instructor. Students will have the ability to pick their instructor, choose the length of each class session and the convenience of setting up their own scheduled times with available instructor directly. **Location:** TASAC

### Private Lessons - 4 - 30 min lessons

281120-01 Times Vary \$100

### Semi Private - 4 - 30 min lessons - 2 students

281121-01 Times Vary \$150

## Adult Swim Lessons

Learn to swim in a comfortable and relaxed setting. Adult lessons are for those with little or no swimming ability. Participants will work at their own pace with the instructor learning basic strokes and survival skills. Class size is limited to ensure each participant receives quality interaction with instructor. **Location:** TASAC

### 4 - 60 minute lessons - \$50

381204-01 Jul 8	M,W	Beginner	7:30pm
381204-02 Jul 23	T,Th	Advanced	7:30pm

## Morning Waterwalking

Harness the power behind the resistant currents of our lazy river this summer. Walk at your leisure with no formal instruction M - F between 9:00am-12:10pm. Bring your own workout equipment or use ours. **Location:** TASAC

**Ten Visit Swipe Card - \$15**

**Twenty Visit Swipe Card - \$25**

## Wild River Walk

This high intensity class is designed for individuals wanting to increase strength training and burn some calories in the water environment. Participants will work with equipment and walk against the lazy river with instruction. Individuals must feel comfortable with resistance training and have good balance. **Location:** TASAC

### 10 - 60 minute lessons - \$80

381208-01 Jul 1 M,W 11:30am

### 9 - 60 minute lessons - \$72

381208-02 Jul 2 T,Th 11:00am

## Junior Lifeguard Camp (ages 11 - 14)

This week long camp will teach lifesaving skills required to ensure a safe aquatic environment. Participants will get hands on experience in the classroom and on the pool deck with the week ending shadowing lifeguards. Upon completion of this camp, participants will receive a Junior Lifeguard shirt and certification in CPR/AED administration. **Location:** TASAC

### 5 - 7 hour days - \$250

381103-01 Jul 15 M-F 9:00am-4:00pm



# YOUTH

## YOUTH SPORTS

### NEW! Intro to Sports Skills (ages 2 - 6)

Intro to Sports Skills will help prepare children for organized sports by learning the basics of basketball, football, soccer, baseball/softball along with strength and conditioning skills. Your child will practice the motor skill tasks that will gradually build confidence while spending one-on-one quality time with you.

**Instructor:** Dana Braxton

382104-01 Jul 10-Aug 7 W 6:00pm \$35

**Class Length:** 45 minutes

### NEW! Pickleball Camp for Youth

One of the fastest growing sports in America involves a court and a net. And, no, it's not tennis or badminton, it's Pickleball.

This fun, interactive mini-camp will focus on the game's fundamentals, strategy, scoring and teach you how to play smart Pickleball. Whether you've

never played the game or are a new player, this camp is for you. Make sure you wear tennis shoes and come ready to learn how to play! **Instructor:** Scott Halverson.

**Location:** Listowel Park, 12037 W 71<sup>st</sup> Street

#### Ages 7 - 11

382105-01 Jul 22-26 M-F 8:00am \$45

#### Ages 12 - 17

382105-02 Jul 22-26 M-F 9:00am \$45

**Class Length:** 45 minutes



### Junior Golf Lessons (ages 8 - 16)

Come learn the basic fundamentals of golf such as grip, stance, etiquette and much more! We will teach you how to use irons and woods for the long and short games. Golf is one of the few sports that can be played for a lifetime and the exciting part is that you're never too young or old to pick up the game. Bring clubs or purchase U.S. Kids Golf Clubs in the Pro Shop. **Instructor:** PGA Professional Staff.

**Location:** Shawnee Golf & Country Club, 6404 Hedge Lane

382102-01 Jul 2-16 Tu 5:00pm \$60

382102-02 Sept 10-24 Tu 5:00pm \$60

**Class Length:** 55 minutes

### Super Kids (ages 4 - 6)

Learn basic Tae Kwon Do skills in a fun environment which emphasizes courtesy, integrity, perseverance, self-control and indomitable spirit. This class develops self-confidence, self-discipline, and gross motor skills. Additional family members may join for ½ price.

**Instructor:** Master Suzan Crochet

382101-01 Jul 11-Aug 1 Th 6:00pm \$22

382101-02 Aug 8-29 Th 6:00pm \$22

382101-03 Sept 5-26 Th 6:00pm \$22

**Class Length:** 45 minutes

### Jr. Tae Kwon Do (ages 6 - 10)

This modified curriculum serves as a transition between Super Kids and the Adult Tae Kwon Do class, while setting a strong foundation for the adult program. If the student chooses to continue in the art, they can progress to the level of junior black belt. There is a strong emphasis on courtesy, integrity, perseverance, self-control, indomitable spirit and the understanding that each individual makes a difference in the world. Additional family members may join for ½ price. **Instructor:** Master Suzan Crochet

382108-01 Jul 9-30 Tu 5:30pm \$42

382108-02 Aug 6-27 Tu 5:30pm \$42

382108-03 Sept 4-25 Tu 5:30pm \$42

**Class Length:** 90 minutes

## Happy Feet Soccer Workshops (ages 2 - 5)

Build soccer skills through games, songs, and adventures! This class is an introduction to the sport, interacting with others, and having fun; the play-based approach teaches healthy habits through soccer! This monthly program runs year round, so grab your friends and get your happy feet kicking! Each child gets a Happy Feet t-shirt with their first Happy Feet Class! **Instructor:** Happy Feet Coach

382107-01	Jul 10-31	W	11:15am	\$45
382107-02	Aug 7-28	W	11:15am	\$45
382107-03	Sept 4-25	W	11:15am	\$45

**Location:** Stump Park Field 1

382107-04	Jul 1-29	M	5pm	\$45
382107-05	Jul 5-26	F	11am	\$45
382107-06	Aug 5-26	M	5pm	\$45
382107-07	Aug 2-30	F	11am	\$45
382107-08	Sept 9-30	M	5pm	\$45
382107-09	Sept 6-27	F	11am	\$45

**Location:** Happy Feet Legends Facility, 9701 W 67<sup>th</sup> Street

**Class Length:** 30 minutes



## Little Sluggers T-Ball Clinic (ages 4 - 6)

This t-ball clinic will allow your little one to have fun and learn the skills to play baseball. We will focus on the very basic fundamentals of the sport, base running, hitting, catching, throwing and most importantly sportsmanship. We will use developmentally appropriate equipment during this program to allow for a safe and fun environment. Parents and children attend. **Instructor:** Dana Braxton.

**Location:** Gum Springs Ballfield D

382106-01	Sept 3-24	Tu	4:00pm	\$30
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**Class Length:** 45 minutes



## DANCE & THEATRE

### NEW! Pom/Dance Workshops (ages 6 - 12)

This new workshop provides an opportunity for your child to learn basic pom/dance techniques, drill, kick and a hand routine. Taught by an experienced pom dance competitor and choreographer, each routine is choreographed to fun family-friendly songs for all to enjoy, especially the audience! Each participant will receive their very own set of pom poms, too. There will be a final performance for both sessions in the evening that the whole family is invited to attend! **Instructor:** Jill Evans, Hope Journey

#### Ages 6 - 9

384107-01	Aug 9	F	9:30am	\$37
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#### Ages 9 - 12

384107-02	Aug 9	F	2:00pm	\$37
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**Program Length:** 2.5 hours

### Dance with Me! (ages 1 ½ - 3 with a caregiver)

This class is ideal for the youngest dancers ages 18 months through 3 years that are just wanting to try out a dance class. Parents attend class with their young dancer to learn introductory fundamentals of ballet! Ballet shoes are recommended. **Instructor:** Academy of the Arts

384104-01	Jul 2-Jul 30	Tu	5:30pm	\$55
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384104-02	Aug 20-Sept 24	Tu	5:30pm	\$66
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**Class Length:** 45 minutes

### Tap/Jazz/Ballet Combo (ages 3 - 6)

Calling all soon-to-be dancers! A great starting point for beginners, this class will lead you into the various styles of dance through fun, games, and fundamentals. Pink ballet shoes and black tap shoes are required. Any color leotard and tights are suggested. **Instructor:** Academy of the Arts

384101-01	Jul 2-July 30	Tu	6:30pm	\$55
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384101-02	Aug 20-Sept 24	Tu	6:30pm	\$66
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**Class Length:** 50 minutes

## B.A.D. (Boys Athletic Dance) (ages 5 - 9)

Ba- Ba- Ba- Bad to the bone! Warning, this is not your typical dance class. Does your child like to move and dance, or has a lot of energy? In this unique class, your child will have fun while they exercise, express themselves and learn new hip hop and breakdancing moves! **No class 7/4.** **Instructor:** Academy of the Arts. **Location:** Academy of the Arts, 5413 Martindale

384102-01 Jun 27-Aug 1 Th 6:00pm \$55

384102-02 Aug 22-Sept 26 Th 6:30pm \$66

**Class Length:** 55 minutes

## NEW! Improv and Comedy Class (ages 8 - 14)

Do you have an up-and-coming comedian or actor in your house wanting to explore the performance craft? This workshop is perfect for them, a weekly class that will help youth embrace that creative and humorous side! We will incorporate several improv techniques that will transform into comedic sketches and some great standup routines!

**Instructor:** Janell Banks, JusLaugh Academy

384108-01 Aug 21-Sept 26 W 6pm \$25

**Class Length:** 1 hour

## ARTS AND CRAFT

### NEW! Positivity + ART (ages 8 - 14)

Learn simple drawing techniques as we create a self-portrait and explore positivity, confidence, self-awareness and kindness. The mission of INJOY is to “help people find their JOY and to BE it, LOVE it, and SPREAD it” and this class is designed to help do just that!

**Instructor:** Jamie Lyon, INJOY, LLC

385101-01 Aug 19 M 4:30pm \$15

385101-02 Sept 25 M 4:30pm \$15

**Class Length:** 1 hour



## Kids Maker Club - Pinball Machines! (ages 5 - 10)

Join us for an afternoon of fun & building! This session's project is creating your own pinball machine. You will tap into your creative side as you include science concepts such as speed and momentum into your fun design. All supplies included and a sibling discount is available.

**Instructor:** Parks and Recreation Staff

385102-01 Sept 4 M 4:30pm \$7

**Class Length:** 1 hour

## PERSONAL ENRICHMENT



## Kids in the Kitchen (ages 3 - 10 with a caregiver)

Teaching your children how to cook is one of the best gifts you can give them. This class encourages young people to eat healthier meals and snacks as a result of hands-on cooking experiences. Join us in the kitchen for a kid friendly, peanut-free cooking experience! From snack mix to cowboy caviar, there is a little something for everyone! **Instructor:** Shawnee Hy-Vee Dietitian.

**Location:** Hy-Vee Dinning Area, 13550 W. 63<sup>rd</sup> Street

386113-01 Jul 20 S 9:00am \$10

386113-02 Aug 17 S 9:00am \$10

386113-03 Sept 14 S 9:00am \$10

**Class Length:** 1 hour



# ADULT

## ADULT SPORTS

### Drop-In Volleyball (ages 16+)

Grab your friends and join us Monday evenings beginning September 9 for open volleyball! No registration, no teams and no supplies needed. Recreational play is \$2 per person from 5:45-7:45pm and competitive play is from 8:00-10:00pm. Space is limited; first come, first play.

### Drop-In Pickleball (all ages)

This sport is a blend of tennis, badminton, and ping pong, created for a variety of skill levels and ages. You do not need a partner and equipment is provide. (Dates & Times vary)

Sundays	5:30pm-8:30pm	\$2
Mon/Wed/Fri	9:00am-1:00pm	\$1
*Mon/Wed	5:30pm-9:30pm	\$2

\*Mondays through August 26



### Tae Kwon-Do (Ages 7+)

This international sport is also a form of self-defense. Learn the basics while developing courtesy, integrity, perseverance, self-control and an indomitable spirit. This class is designed for individuals and families. Additional family members may join for ½ price.

**Instructor:** Master Suzan Crochet

382202-01	Jul 2-30	T,Th	7:00pm	\$45
382202-02	Aug 6-29	T,Th	7:00pm	\$45
382202-03	Sept 3-26	T,Th	7:00pm	\$45

**Class Length:** 1 hour

### Golf Lessons (ages 16+)

Lessons will begin basics such as grip and stance etiquette before moving on to more advanced skills. Learn to use both irons and woods. These various skills will be used to get you familiar with this lifetime sport. Borrow our clubs or bring your own. **Instructor:** PGA Professional Staff.

**Location:** Shawnee Golf & Country Club, 6404 Hedge Lane

382204-01	July 2-16	Tu	6:00pm	\$60
382204-02	Sept 10-24	Tu	6:00pm	\$60

**Class Length:** 55 minutes

## ADULT HEALTH & FITNESS

### Tai Chi (ages 16+)

Best-selling author teaches slow motion meditative movements and visualization to lower stress, provide well-being, boost immune function, reduce depression, anxiety, burn calories, provide cardiovascular benefit, and improve sports performance, and more. **No Class 11/30.**

**Instructor:** Bill Douglas

383201-01	Jul 20-Aug 24	Sa	9:30am	\$72
383201-02	Sept 7-Oct 26	Sa	9:30am	\$96

**Class Length:** 1.5 hours

### PIYO (ages 16+)

It's Pilates, no it's Yoga, no it's Pilates...Wait, it's both! Enjoy the benefits of Yoga such as breathing management and relaxation and the flexibility and toning of Pilates. Your legs, arms, stomach, back and soul will thank you each week! Please bring a mat and towel.

**Instructor:** Kathy Ray

383202-01	Jul 2-Aug 8	Tu,Th	8:30am	\$58
383202-02	Aug 13-Sept 26	Tu,Th	8:30am	\$74

**Class Length:** 55 minutes



## Morning Mix (ages 16+)

Kick start your mornings with fitness at its finest. Using a mix of styles such as step, strengthening, toning, and a small taste of bootcamp, energize your daily routine with this full body workout. **No class 9/4.**

**Instructor:** Lori Meyer

383205-01	Jul 1-31	M,W,F	8:00am	\$35
383205-02	Aug 1-30	M,W,F	8:00am	\$35
383205-03	Sept 4-30	M,W,F	8:00am	\$35

**Class Length:** 55 minutes

## Circuit Blast (ages 16+)

Want to tame the exercise doldrums? Switch up exercises frequently and get a full body workout in the most effective way - CIRCUIT TRAINING! You get the benefits of muscle building and toning along with an intense cardio workout all at your own pace. **No class 7/10.**

**Instructor:** Ronni Ward

383203-01	Jul 3-Aug 7	W	5:30pm	\$23
383203-02	Aug 14-Sept 25	W	5:30pm	\$32

**Class Length:** 55 minutes

## Power Pump (ages 16+)

Do you need a fun, energy packed, toning class that targets all the muscles you never knew you had? This hour long class will burn your muscles to fatigue, and get you toned in all the right places. The moves can be modified to every level and accommodate people of all ages!

**No class 7/4 and 9/3. Instructor:** Lesley Ice

383206-01	Jul 1-Aug 8	M,Th	6:30pm	\$50
383206-02	Aug 12-Sept 26	M,Th	6:30pm	\$59

**Class Length:** 55 minutes



## Yoga (ages 16+)

Relax the stress of the day away with gentle stretching and deep breathing. With increased flexibility, upper and lower body strengthening, greater mental and physical balance and increased circulation you will be ready to take on life's challenges. Please bring a towel and a mat.

**No class 9/2. Instructor:** Kathy Ray

383208-01	Jul 1-Aug 5	M	6:00pm	\$42
383208-02	Aug 13-Sept 23	M	6:00pm	\$42

**Class Length:** 55 minutes

## Yoga Basics (ages 16+)

Don't let yoga scare you! Come try it out with us! This Yoga class will introduce you to the basic poses in a flowing style. No intimidation, no competition, but a different kind of work out incorporating all of the body.

**Instructor:** Sandee Munson

383204-01	Sept 12-Oct 17	Th	5:30pm	\$42
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**Class Length:** 55 minutes

## Zumba (ages 16+)

Dance your pants down a size! Using a variety of dance moves from all over Latin America, shed the pounds away with this aerobic workout. **Instructor:** Casa de Fitness

383207-01	Jul 6-Aug 10	Sa	8:30am	\$32
383207-02	Aug 17-Sept 28	Sa	8:30am	\$37

**Class Length:** 55 minutes

## Step Up Shawnee (ages 16+)

Walk for fun. Walk with friends. Walk for FREE! Step up to better health with your fellow Shawnee residents. Stop by the Shawnee Civic Centre Monday through Friday between 8:00 and 9:00 am to get your joints moving and your heart rate up. **No walking 7/4 and 9/3.**

## Fit After Fifty (ages 50+)

A low impact aerobics class designed to help you feel better, look better and can help prevent many health problems common with the mature adult. You are encouraged to work at your own pace. With this five day a week class, pick your own flexible schedule with a 6 or 12 punch card. **No class 7/4 and 9/2. Instructor:** Debbie Shearer

### 12 flexible - 60 minute workouts

383301-01 Jul 1-Sept 30 M-F 8:15am \$45

### 6 flexible - 60 minute workouts

383301-02 Jul 1-Sept 30 M-F 8:15am \$24



## Senior Tai Chi (ages 50+)

Tai Chi consists of breathing exercises and a series of postures that flow into one another through connecting transition moves. These slow, graceful, precise body movements are said to improve body awareness and enhance strength and coordination while helping the participant achieve inner peace. Watch your strength, flexibility, and mental awareness increase.

**Instructor:** Debbie Shearer

### Beginner

383302-01 Jul 11-Aug 8 Th 9:00am \$18

383302-04 Aug 15-Sept 26 Th 9:00am \$24

### Intermediate

383302-02 Jul 2-Aug 6 Tu 9:15am \$21

383302-05 Aug 13-Sept 24 Tu 9:15am \$24

### Advanced

383302-03 Jul 11-Aug 8 Th 10:00am \$18

383302-06 Aug 15-Sept 26 Th 10:00am \$24

**Class Length:** 1 hour

## Arthritis Exercise Program (ages 50+)

An exercise program specifically designed for people with arthritis and fibromyalgia, and is endorsed by the Arthritis Foundation. You will use gentle activities to help increase joint flexibility and range of motion. Let this class help you maintain muscle strength and increases overall stamina.

**Instructor:** Debbie Shearer

383303-01 Jul 2-Aug 8 Tu,Th 11:00am \$39

383303-02 Aug 13-Sept 26 Tu,Th 11:00am \$49

**Class Length:** 1 hour

## ADULT DANCE

### Line Dance Party

Join us for a night of line dancing to both country and non-country music! This is a smoke and alcohol free environment. Soft drinks and water are provided at no additional charge. A great opportunity for families to participate together! Dances will be held on the following Fridays: July 19th; August 16th; and September 20th from 7:30 - 10:00pm. \$5 fee payable at the door.

**Instructor:** Bob & Ginger Bowsher

### Country Dance Lessons (ages 16+)

Do you enjoy all types of country dance? Join other dance enthusiasts Sundays from 6:30-9:00pm for lessons and practice. Line dances will be taught. No registration necessary. Pay \$4 at the door. **No lessons 7/7 and 9/1.**

**Instructor:** Donnalea Espee



### Dancing Down the Aisle (ages 18+)

Are wedding bells in your future? Parents of the bride, friend of the groom, Nana and Papa? The reception isn't just for the bride and groom! Come learn the basics of ballroom so you are ready to hit the dance floor for all the upcoming weddings! (Price is per couple).

**Instructor:** Tonya Ebner. **Location:** Academy of the Arts, 5413 Martindale

384201-01 Aug 2 F 7:00pm \$20

**Class Length:** 90 minutes

## ADULT ARTS AND CRAFTS

### NEW! Chalking with Dorine (ages 16+)

Chalk Couture provides design transfers and chalk paste to make beautiful decor. You will choose your paste colors and use design transfers to create personalized projects. Chalk Couture craft is a silkscreening process that is fun and easy! Learn about our products and how to care for them with ease. Each month we will be making a new creative project.

**Instructor:** Dorine Graceffa, Chalk Couture

#### Back to School Chalk Board

385202-01 Jul 22 M 6:00pm \$25

**BYO - T-shirt, Apron, Tote, etc (decorate up to 3!)**

385202-02 Aug 26 M 6:00pm \$25

#### Festively Fall Wall Hanging

385202-03 Sept 23 M 6:00pm \$25

**Class Length:** 2 hours



### Knitting for Newbies (ages 16+)

In this class you will make a quick-knit project for yourself or for a gift. Learn basic knitting techniques, including knit and purl stitches, cast on and much more. If you've never knitted or need to refresh your skills this is the class for you! **Instructor:** Cheryl Murray

385201-01 Sept 23-Oct 7 M 6:30pm \$25

**Class Length:** 2 hours

## PERSONAL ENRICHMENT

### Beginning Bridge (ages 50+)

Try your hand at this timeless game! Start from the beginning and learn the fundamentals such as scoring, bidding, and play of the hand. Once you've got it down, bring your friends and join us on Monday mornings for progressive bridge! **Instructor:** Jan Carpenter

386203-01 Jul 9-Aug 13 Tu 10:00am \$36

**Class Length:** 2 hours

### Intermediate Bridge (ages 50+)

Take your bridge skills to a new level! If you've taken Beginning Bridge or already know the basics, join us to learn intermediate skills to improve your game!

**Instructor:** Jan Carpenter

386206-01 Aug 27-Oct 1 Tu 10:00am \$36

**Class Length:** 2 hours

### Progressive Bridge (ages 50+)

Join us weekly for a fun get-together and play bridge on Monday mornings at 11:15am. You do not need a partner and space is available on a first come, first serve basis. A suggested donation of \$0.50 is requested. **No bridge 9/2**

### Hunter Education (ages 11+)

To meet state requirements this online class is designed to allow the qualified participant to complete the chapters and quizzes online. Visit <http://kdwpt.state.ks.us/> to complete the internet portion of the class. Students must print off their Field Day certificate upon completing the online portion and bring it to the class. Participants must also successfully pass a quiz at the beginning of the in-classroom portion in order to continue with the instructional class where there will be a review/demonstration and a final written test. Enroll now, classes fill up quick!

386201-01 Aug 24 Sa 9:00am \$15

386201-02 Sept 7 Sa 9:00am \$15

**Class Length:** 8 hours

### CPR Certification (ages 16+)

This First Aid, CPR, and AED certification course provides the knowledge and skills that may help save a life. It also offers the basics of first aid for the most common life-threatening emergencies, covering how to recognize them, how to call for help, and how to perform lifesaving skills. This course covers: Adult/Child CPR and AED Use; Infant CPR; First Aid Basics; Adult/Child/Infant Choking.

**Instructor:** Shawnee Fire Department

386205-01 Jul 13 Sa 9:00am \$35

386205-02 Aug 10 Sa 9:00am \$35

386205-03 Sept 14 Sa 9:00am \$35

**Class Length:** 7 hours

## TRIPS & TOURS

### Butterflies, Bees, & Blooms (ages 50+)

We will begin our day Messner Bee Farm, as we learn how bees are essential to our daily lives. Then it is off to Powell Gardens for the Festival of Butterflies! Lunch will be on your own in Downtown Lee's Summit. We'll make a pit-stop for shopping at Cockrell shops before heading back home!

387203-01 Aug 9 F 8:25am \$60

**Trip Length:** 8 hours



### Downstream Casino (ages 50+)

We're taking a road trip to Quapaw, Oklahoma! Downstream Casino is just beyond the Kansas/Oklahoma border. We'll spend the day enjoying 4.5 hours of slot play, \$15 casino cash, and a free lunch buffet! Don't forget to bring your government issued picture ID!

387205-01 Sept 4 W 7:45am \$37

**Trip Length:** 12 hours



### Show-Me State Capitol Tour (ages 50+)

Springfield, Missouri has a ton of fun things to do! We will check out the Missouri State Capitol building, the Governor's Mansion and the Missouri State Penitentiary and have lunch at Madison's Cafe. We'll also stop by Central Dairy for a delicious treat before heading home!

487201-01 Oct 3 Th 6:40am \$98

**Trip Length:** 12 hours

### Ragtime at Missouri Heritage Theater (ages 50+)

Enjoy music from times gone by with this sweeping portrait of early-twentieth-century America that tells the timeless story of three families in the pursuit of the American Dream. A unique and powerful portrait of America, Ragtime, is an inspirational musical that will live in your memory long after the curtain falls! We will have lunch (on your own) at Crown Center prior to the show.

487202-01 Oct 17 Th 10:15am \$68

**Trip Length:** 6 hours



### Prairie Band Casino (ages 50+)

Travel with us to Prairie Band Casino! Prairie Band is just outside of Topeka in Mayetta, Kansas. Grab your lucky shoes and enjoy 5 hours of gaming with \$10 of playing money and a \$10 food voucher! Don't forget your government issued photo ID!

487203-01 Nov 6 W \$22

**Depart:** 8:45am - **Return:** 4:30pm



# SENCOM

SenCom Computer classes are held at the SenCom Computer lab at 6535 Quivira. Classes are approximately 3 hours long, and cost \$30 each. For information on SenCom Membership visit [www.kcsenior.net](http://www.kcsenior.net) or call (913) 206-7017. For more information on workshops call (913) 631-5200.

Class Title	Code #	Date	Time
Organizing Files & Folders	386308-01	Tues, July 2	9:00am
Google's Other Features	386309-01	Thurs, July 11	1:00pm
Windows 10	386304-01	Tues, July 16	1:00pm
Using Email	386310-01	Thurs, July 25	1:00pm
Computer Maintenance	386302-01	Tues, Aug 6	9:00am
Introduction to iPad & iPhone*	386315-01	Thurs, Aug 15	1:00pm
The Cloud	386311-01	Tues, Aug 20	1:00pm
Organizing & Editing Photos	386320-01	Thurs, Aug 29	9:00am
Internet Basics	386303-01	Tues, Sept 3	1:00pm
Intro to Android Tablet & phones	386317-01	Thurs, Sept 5	9:00am
Windows Essential Tools	386321-01	Tues, Sept 10	1:00pm
Introduction to Facebook	386305-01	Thurs, Sept 12	9:00am
Windows 10	386304-02	Tues, Sept 17	1:00pm
Introduction to Excel	386314-01	Thurs, Sept 19	1:00pm
Using Email	386310-02	Tues, Sept 24	9:00am
Beginning Computer Workshop	386301-01	Thurs, Sept 26	9:00am

\*The Intro to iPad class is held at the Shawnee Civic Centre, 13817 Johnson Drive.

## Registration is Easy!

### On-Line:

[www.recreateshawnee.org](http://www.recreateshawnee.org)

### Mail In:

Shawnee Parks & Recreation  
11110 Johnson Drive  
Shawnee, Kansas 66203

### Walk In:

Shawnee Civic Centre	Shawnee Town 1929
13817 Johnson Drive	11501 W. 57 <sup>th</sup> Street
Shawnee, Kansas 66216	Shawnee, Kansas 66203

### Fax In:

(913) 631-4651

### Credit Cards:

We accept Visa, MasterCard, Discover and American Express

## Hours of Operation

Monday - Saturday, 8:00am - 10:00pm  
Sunday, 11:00am - 9:00pm

## Open Gym Hours

Visit [www.cityofshawnee.org/opengym](http://www.cityofshawnee.org/opengym)  
for weekly gym hours

## Class Locations

All classes listed are held at the Shawnee Civic Centre 13817 Johnson Drive, unless noted.

## Information?

Shawnee Civic Centre	Shawnee Town 1929
Call (913) 631-5200	(913) 248-2360

# SHAWNEE TOWN 1929

## Composting Basics

Let us introduce you to starting your own compost! While composting may be a "hot" topic today, it was a very important part of life on any Shawnee farm or garden in the 1920's. Combine manure, kitchen, and yard waste to create a nutrient rich mixture to add to flower beds, vegetable patches, and potted plants. This class aims to teach the elements needed to start and maintain a compost in order to reap the benefits of this "black gold".

395201-01 July 24 Sa 10:00am \$10  
**Class Length:** 1.5 hours

## Needlepoint: Create a 1920's Evening Bag

The 1920's Flapper never left home without it - the beaded or mesh Art Deco evening bag. Learn the basics of needlepoint by stitching your very own 1920's purse or use your completed design to hang on your wall! This is a beginner's class with instruction provided at The Studio (95th and Nall). You will be able to choose from two simple designs taken from actual 1920's evening purses. (Supplies must be purchased separately)

395202-01 Sept 28 Sa 1:00pm \$25  
**Class Length:** 2 hours

## History on Tap - Guns of the Gangsters

**Wednesday, July 10 • 7:00 - 8:30pm**

Roscoe, Piece, Mohaska, Heater, Typewriter... these were 1920's gangster nicknames for the tools of their trade - guns. Come learn about weapons and the technology available for the underworld crime figures of the 1920's. Hear why they captured the attention of not only the news-obsessed public, but the FBI as well. Museum Director, Charlie Pautler, will discuss these weapons and their impact on crime and society. A local brewery will be on hand to showcase their wares. Tickets are \$5 and you must be over 21 to attend. You can purchase tickets in advance by calling (913) 248-2360.

## Notable & Notorious People of the 1920's

**Wednesday, August 7, 7:00pm - 9:00pm**

First person interpretation is a fine art. It combines the skills of a first-rate historian and a very adept actor who can convince you that they truly are a famous person. Come visit Kansas City's finest first person interpreters as they portray these notable men and women of the 1920's: Amelia Earhart, Mrs. Henry (Clara) Ford, Zora Neale Hurston, and Tom Pendergast. There will be light refreshments and time for questions.

## Dog Days of Summer

### Bring Fido to the Museum on a Leash!

**Saturday, August 10, 10:00am - 12:00pm**

Bring your pup to Shawnee Town for contests, prizes, and a visit with local vets, groomers, trainers, and friends. All dogs must be on a leash. There will be hands on activities for all family members!



## Chili Peppers at the Farmhouse

**Saturday, September 14, 11:00am - 12:30pm**

Join us in our historic Hart-DeCaeny Farmhouse kitchen for a chili pepper cooking demonstration. Using a 1920's-style wood-burning cook stove and produce from our Heirloom Garden.

**For more Information or to register for any Shawnee Town program call (913) 248-2360**

# SHAWNEE TOWN 1929

## WHEELS & DREAMS

### 13<sup>th</sup> ANNUAL CAR, TRUCK & BIKE SHOW

Join us on **Sunday, September 8** at Shawnee Town 1929 from 1:00 p.m. - 4:00 p.m., for a day of live music from **The Instamatics** and hundreds of the sweetest rides in town! Admission is **FREE!** There is plenty of time to register your ride in our show, contact Royal Krueger at 248-2360 or [rkrueger@cityofshawnee.org](mailto:rkrueger@cityofshawnee.org).



## Vine Street Rumble Jazz Orchestra

Wednesday, July 17 • 7:00 - 8:30pm

Vine Street Rumble Jazz Orchestra will be back once again to jam at Shawnee Town! Under the direction of Kent Rausch, this 14 piece band will perform the same exciting music that made Kansas City THE place to be the 20's through 40's. Light refreshments provided.

## Grand Marquis

Wednesday, August 28 • 7:00 - 8:30pm

KC blues, New Orleans jazz, and Memphis soul inspire the Grand Marquis. They create a blend of American roots music with plenty of original material and revitalized classics. Sit back and relax under the stars during their high-energy live performance! Light refreshments provided.

## Hot Club KC

Wednesday, September 18 • 6:30 - 8:00pm

We're featuring a new band for Jammin' on the Green with an entire repertoire of 1920's music. Come relax under the stars and listen to this acoustic Jazz band. The lanterns will guide you back to the parking lot at the end of the evening. There will be light refreshments and something warm to drink!

## Friends of Shawnee Town Craft Fair & Fall Festival

Join us for the 44<sup>th</sup> Annual Friends of Shawnee Town Arts & Crafts Fair and Fall Festival on **Saturday, September 21** from 9:00 a.m. - 4:00 p.m. at Shawnee Town 1929. We will have something for **EVERYONE!**

- Free kids' activities sponsored by the Friends of Shawnee Town! The Farmstead will be open to visit the chickens and rooster, tour the farmhouse and see the antique vehicles
- Live music on the Gazebo
- Shoppers can browse through over 140 craft booths, featuring handmade creations of jewelers, weavers, chefs, woodworkers and other artisans at Shawnee Town 1929
- Bake Sale to benefit Johnson County 4-H
- Raffle at Vendor Showcase
- Food vendors

Admission is just \$1 donation to benefit the museum. For more information contact Royal Krueger at 248-2360 or [rkrueger@cityofshawnee.org](mailto:rkrueger@cityofshawnee.org).

